



## Tough Love

*Tough love* is a way of showing care by being firm and honest, even when it is uncomfortable. Instead of making things easy, tough love allows people to face consequences so they can grow stronger and more responsible. John Smith used tough love at Jamestown by demanding that everyone work in order to survive. Although many settlers—especially gentlemen—complained about labor, Smith believed that discipline and shared effort were necessary. His rule that those who did not work would not receive food was strict, but it helped keep the struggling colony alive during times of hunger and danger.

Your task is to write about a time when you were the recipient of tough love and explain how it impacted you. Describe who showed you tough love, what they did, and what you learned from the experience. If you cannot think of a personal example, you may write about a character from literature, a movie, a video game, music, or sports who experienced tough love. Explain the situation and how it helped the character grow or change.

This image shows a full page of blank, lined paper. It features approximately 20 horizontal black lines spaced evenly apart, typical of notebook paper. The lines extend across the entire width of the page, leaving small margins at the top and bottom. There are no vertical lines, text, or other markings present.